

**FLOWING WELLS CONTINENTAL
LITTLE LEAGUE**

LOCAL LEAGUE GROUND RULES

JUNIORS & SENIORS DIVISIONS

1. Juniors will interleague with other leagues in district 5
2. The Juniors will be split in two groups : silver and gold.
3. Seniors will interleague with other leagues in District 5.
4. The Seniors will be split into 3 groups : silver, gold and high school
5. The Seniors will be using wood bats.
6. Team uniforms will consist of a team shirt (tucked in), team hat (bill in front) and baseball pants. All male players must wear hard protective cups during play. Protective cups are strongly suggested for female players. Players are to wear only League issued uniforms.
7. All games shall be 7 innings or 2 hours.
8. There is the 10 run rule where you must play 4 1/2 or 5 innings to complete the game.
9. District 5 will have more ground rules for Juniors and Seniors for all the different parks the players will be playing at.